



Research: New data on tomatoes and lycopene anti-prostate cancer activity

Epidemiology studies have suggested protection against prostate cancer is derived from consuming tomato products or a major carotenoid found in them, lycopene.

The heterogenous nature of prostate cancers, and the difficulty in having precise measures of tomato consumption makes it hard to fully understand the impact of tomato products on prostate cancer, and importantly to establish a causal relation between them.

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